

The poetics of *ekphrasis*

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The earliest ekphrastic poetry describes what doesn't exist, save in the poetry's own fiction. What Jean Hagstrum called the "iconic" poem (he reserved the term "ekphrastic" for a sort of dramatic monologue in which the picture or sculpture is itself made to speak) (1) has a long history which I need hardly recite in detail to this audience. It would include: the shields of Herakles and of Achilles, so differently represented by Hesiod and Homer; the ivory cup given by the goatherd to the shepherd Thyrsis in Theocritus' first idyll, whose description by the poet involves readings of feelings and intentions in the human figures depicted there even as all ekphrasis - poetic or art-historical - continues to do so today; the armor of Aeneas and the paintings in the Temple of Juno, both described with great regard to how Aeneas himself reads those images; the relief sculpture in Dante's *Purgatorio*, the tapestries and frescoes in Ariosto and Spenser and - in a remarkable scene of reading and misreading - in Shakespeare's The Rape of Lucrece.

All of these constitute what I shall call "notional ekphrasis". They conjure up an image, describing some things about it and ignoring a multitude of others which, particularly before 1400, we might assume were supplied by any reader who knew what images - there being so few conventional options - looked like (that is, a style could be said to be assumed by the basic terms of the descriptive language). And while we might want to suggest that a student in class imagine the reliefs in Dante as looking rather like a Pisano - rather than Signorelli's "illustrations" of them (in the Capella di San Brizio in Orvieto) - it is still clear that, at best, we can only adduce partial or conventional paradigms in actual works of art for notional

ekphrases. The realm of notional ekphrasis is partially extended to include what are virtually notional - ekphrastic poems or passages in literary works which may or may not describe some actual, but totally lost, work of art. Examples of this would range from the debate over Philostratus' Eikones and their actual or notional status to the fact that the great majority of the paintings addressed by poems in Giambattista Marino's La Galeria are now lost.

But the fact remains that it is the tradition of notional ekphrasis which provides the paradigms and the precursor texts, the rhetorical models and the interpretive strategies, for the fully developed modern ekphrastic poem. Notional ekphrasis inheres in modern poetry's actual ekphrasis, and provides a thematic microcosm of a basic paradox about poetry and truth. Just as late-coming, allusive, "modern" poems (from, say, Theocritus and Virgil, certainly, on) authentically represent reality in good part by means of the ways in which they represent themselves, so too with smaller instance of ekphrasis. Ekphrastic poems that are always representing poetic process, and the history of poetic readings of works of art, can by those means get to say rather profound things about the works of art in question. By constructing some fictional versions of them, they put powerful interpretive constructions on them, construe them with deep effect. The way in which this works can only be revealed in detailed readings of such poetic readings, and I should like in this paper to explore, if only briefly, some of the modes and strategies of ekphrastic poetry. But I should continue to emphasize the word "modern" here: as we shall see, there are many ekphrases in verse that are far less poetic than some in prose (as Svetlana Alpers implied twenty-five years ago,

Vasari's ekphrases had more literary power than those of most sixteenth-century poems to or on works of art). (2) I shall also not have time here to explore in detail some of the basic devices of notional ekphrases which continue to develop in the actual ones. But I might remark on only one at the outset, because it manifests a very early sense of the problematics of ekphrasis itself.

In Virgil's third eclogue, the shepherd Menalcas, in allusion to his prototype in Theocritus, stakes a pair of carved beechwood cups on the outcome of a singing contest with Damoetas. He describes the carving on them: "a pliant vine, overlaid with skillful chisel drapes the clusters spread by the pale ivy" (lenta quibus torno facili superaddita vitis / diffusos hedera vestit pallente corymbos.) But then it continues: "In the middle are two figures, Conon and - uh, what's his name - you know, the one who marked out for man the whole of the skies with his rod ..." (in medio duo signa, Conon et - quis fuit alter, / descripsit radio totum qui gentibus orbem ...) Menalcas forgets the name (probably Eudoxus of Cnidus) of the other astronomer. While some commentators treat this merely as a deployment of naturalism in dialogue, we may observe that it ruptures the certainty of the ekphrastic reading, calling attention to the contingent and even fragile quality of the relation of any description to its object.

Such moments as this are frequent in interesting ekphrastic poems. Two examples that leap immediately to mind are the very end of Dante Gabriel Rossetti's fascinating sonnet on Botticelli's Primavera, which breaks down into questions about its own power even to ask its poetic and ekphrastic question: "But how command / Dead Springs to answer? And how question here? / These mummings of that wind-withered New Year?", and Randall Jarrell's poem on Durer's The Knight, Death and the Devil, in which, after twenty-seven lines of assured and sophisticated reading of the elements of the scene in the engraving (concentrating mostly on the Devil however) the Knight is invoked in his response to the Devil's presence:

He listens in assurance, has no glance
To spare for them, but looks past steadily
At - at -
a man's look completes itself.

But compared with modern ekphrastic poems, those of the older sort show no traces of self-scrutiny; they are both more epigrammatic - in their tendency to reduce the painted image to a paradigm - and more likely to regard the specific interpretation of the avowed "subject" by the artist, and the matter of execution, as a mere occasion for encomium. Take, for example, Marino's little poem, from that prodigious collection of ekphrases called La Galeria just mentioned, on the Caravaggio head of Medusa in the Uffizi. It speaks only to the fact that the head is on a shield, and that the shield belongs to the Duke of Tuscany. Otherwise, the poem might be "on" any Gorgon's head on a shield, and, indeed, seems to evade the fact that Medusa usually occupies either the boss of Athena's shield or her aegis:

What foes are there who could not suddenly
Turn cold into marble
On looking at that Gorgon in your shield,
Proud, Signor, and cruel,
For whose locks bundled vipers horribly
Frame a dreary ornament, and frightful?
But Oh! the fearful monster
Would be of little help to you in war,
The true Medusa being your own valor.

La testa di Medusa in una rotella di
Michelagnolo da Caravaggio, nella Galeria
del Gran Duca di Toscana

Or quai nemici fian, che freddi marmi
non divengan repente
in mirando, Signor, nel vostro scudo
quel fier Gorgone, e crudo,
cui fanno orribilmente
volumi viperini
squallida pompa e spaventosa ai crini?
Ma che! Poco fra l'armi
a voi fia d'uopo il formidabil mostro:
ché la vera Medusa è il valor vostro.

Here the Duke's valor surpasses the image's own spavento, which is about all Marino credits it with. On the other hand, consider Shelley's poem (on which Mary

substance of renaissance portraiture that John Pope-Hennessy, following Leonardo, calls the portraying of the "motions of the mind". (6)

Aretino elevates Titian above Apelles, who merely portrayed Alexander, but not the "pellegrin subietto, / l'alto vigor, che l'anima comparte" (the rare subject, the noble vigor his soul possessed). Titian, conversely, paints the awesome power lurking between the Duke's eyebrows, the honor and good counsel residing in his face, and so forth. It is only the last tercet which actually reads Titian's painting, rather than set of paradigmatic conventions: "In his breastplate and in his readied arms courage burns" ("Nel busto armato e ne la braccia pronte / arde il valor"). The malerisch light reflected in the breastplate is momentarily allegorized (through "arde") as "valor", even as the gesture of the Ducal hands on sword and, elegantly foreshortened, on mace, are literally read.

In contrast with the strategies of Aretino's lines on the Titian, I should like to turn to what is probably the very first English poem presenting some interesting features of modern poetic ekphrasis. The cavalier poet Richard Lovelace, a friend of Peter Lely (and a knowledgeable lover of painting who probably had read both Vasari and van Mander) wrote some lines addressed "To My Worthy Friend Mr. Peter Lilly: on that excellent picture of his Majesty, and the Duke of York, drawne by him at Hampton-Court". (7) The Lely portrait, painted in 1647 when Charles I was being held by the army at Hampton Court, shows the already partially-eclipsed king and his second son in a pictorial format made popular by Van Dyck: the background divided, with drapery and, frequently a column, on one side, and open landscape on the other. Lovelace reads the painting in a powerful way; or, rather, misreads it, by taking the matter of the clouds visible behind the head of James as if it were an allegorical detail, however naturalistically domesticated. Since his concern is with the sorts of verbal paradoxes that characterize for him, a lyrical royalist, the particular moment in the decline of the king's fortunes, he starts out in the first line with one of the poem's two governing figures:

See! What a clouded Majesty! and eyes
Whose glory through their mist doth
brighter rise! ...

The oxymoron of "clouded majesty" connects the painted sky behind James with the monarch's own occluded reign. In addition, it engages the question of gaze and eyes which, after the next lines of reiterated paradox, will re-emerge in importance:

See! what an humble bravery doth shine,
And grief triumphant breaking through
each line;
How it commands the face! so sweet a
scorne
Never did happy misery adorne!
So sacred a contempt! that others show
To this, (oth 'height of all the wheele)
below;
That mightiest Monarchs by this shaded
booke
May copy out their proudest, richest
looke.

The lines, or lineaments of the painted face, and those lines of verse of the poem addressing it, are delicately associated here, as, later on, the eyes of the king are more forcefully to be connected with those of the painter himself. But the comparison which immediately follows turns its attention to the eyes of the young prince, more prominently directed than those of the king, in a strange trope which makes the son a young eagle and his father the shining sun, an English roi soleil:

Whilst the true Eaglet this quick luster
spies,
And by his Sun's enlightens his own eyes;
He cares his cares, his burthen feeles,
then streight
Joyes that so lightly he can beare such
weight;
Whilst either eithers passion doth borrow,
And both do grieve the same victorious
sorrow.

This has, so far, exhibited a significant problematic feature of poetic ekphrasis: its strangeness lies as much in what it does not notice as in what it singles out as points for interpretation. What is the boy handing his father? What is the paper the king is holding? On the other hand, the

6. John Pope-Hennessy, The Portrait in the Renaissance, (Princeton, Princeton University Press, 1966) p.
7. Lely's painting is discussed, and Lovelace's poem considered in its encomiastic dimension, but without regard to ekphrasis, in Norman K. Farmer, Jr., Poets and the Visual Arts in Renaissance England, (Austin, University of Texas Press), pp. 53-65.
8. See Bryan Jay Wolf, Romantic Re-Vision (Chicago, University of Chicago Press), pp.24-77.
9. In an unpublished article on Rossetti.
10. Pater, The Renaissance, p. 120
11. See Ian Jack, Keats and the Mirror of Art, (Oxford, Clarendon Press, 1967).